

Facilities

COVID Safe Official

Pakenham Little Athletics Inc., has 4 COVID Safe Officials (CSO) registered with LAVic. All Clubs will provide 1 COVID Safe Official. The CSO is responsible for the Centre's implementation and compliance with these protocols. All CSOs will complete the free online Australian Government course [COVID-19 Infection Control Training](#). All Centre & Club CSO will complete this online training. Documentation to be sent to Pakenahm@lavic.com.au

Communication

The Centre will communicate the competition protocols to all members, athletes, coaches, officials, volunteers, Committee members, families, sponsors, venue managers and other Centre stakeholders.

Announcers

- Announcers will wear masks (if required by law).
- Microphones will have a disposable protection cover/ wiped down after each event
- No athlete will approach the announcers.
- No announcements from athletes allowed.

Venue

- **Toilets** will be open. During PLAC's meets, the toilets will be checked, cleaned and sanitized during our 4hr meet.
- **Competition Back Office & Timing Tent** will be cleaned and sanitized before and after use. These buildings/tents can only be entered by a Committee member.
- **Equipment Shed** is opened/locked and coordinated only by the PLAC President, Coach and Sectary
- **PLAC Canteen** will operate as it can be accessed without entering via the pavilion. Canteens are permitted to operate in accordance with the '[Hospitality Industry Guidelines](#)'. Please refer to the Canteen protocols in this document.

- The CSO, Centre administrators and venue managers will manage the use of the facilities.

Competition Office & Timing Tent

The Competition office and Timing tent will only be used by PLAC Committee members and delegates.

- The rooms/tents will be thoroughly cleaned and disinfected before and after each meet.
- Bollards and tape will remind athletes to NOT go near the Timing Tent
- tables will be placed in front of the Competition tent (marking 1.5 distance) between inside the comp office and outside.
- Masks to be worn by Committee members inside.
- Any equipment used by members will be disinfected e.g. pens.

Equipment Sheds and Garage

- All equipment will be sanitized before and after use.
- President, Coach and Sectary is the only person to open/shut the facility.
- Delegate committee members and parent helpers roasted on will bring out their equipment for that day.
- Delegate committee members and parent helpers roasted on will put their equipment away for that day.

PLAC Canteen - * TBC *****

- PLAC Canteen will operate as it can be accessed without entering via the pavilion.
- Canteens are permitted to operate in accordance with the ['Hospitality Industry Guidelines'](#).
- Bollards/marketing tape to control <1.5m distance.
- Hand sanitizer provided
- Canteen will be thoroughly cleaned and disinfected before and after each meet.

- Canteen will offer contactless payment.

Sponsorship attendance

If PLAC sponsorships would like to come down and sell their merchandise at a meet.

- Bollards/markings to help social distancing.
- Hand sanitizer.
- Allocated in Carpark so social distancing can be applied.

Members

PLAC aims to create a safe environment for all members of the public during the competition.

PLAC will implement the LAVic and Council protocols to create a COVID Safe environment for all.

All athletes and parents/guardians must:

- Register your attendance before entering PLAC facility
- Check in with your club as soon as you enter PLAC
- Social distance 1.5m.
- Bring hand sanitizer and use where required.
- Report any Covid issues to your club.

Events

Long Jump / Triple Jump

- Each Athlete MUST hand sanitize after each
- Athletes will safely leave the jump pit in their group. A one way entrance and exit from the competition area will be implemented.

- Parent helper to advise PLAC program manager of completion of the age group.

High Jump

- Each Athlete MUST hand sanitize after each jump.
- Athletes will be given a maximum of 8 total jumps. Athletes must have their first jump within 20cm of their P.B.
- Athletes will safely leave the jump pit in their group. A one-way entrance and exit from the competition area will be implemented.
- All High Jump Equipment will be cleaned/sanitized.
- Next group from the holding bay will compete.
- Parent helper to advise PLAC program manager of completion of the age group.

Discus and Javelin

- Each Athlete MUST hand sanitize after completing their 3 throws.
- Athletes will safely leave the competition area in their group. A one-way entrance and exit from the competition area will be implemented.
- All throwing Equipment will be cleaned/sanitized after each throw by a club delegate or parent helper on duty for that age group.
- Parent helper to advise PLAC program manager of completion of the age group.

Shot Put

- Each Athlete MUST hand sanitize after completing their 3 throws.
- Athletes will safely leave the competition area in their group. A one-way entrance and exit from the competition area will be implemented.
- All throwing Equipment will be cleaned/sanitized after each throw by a club delegate.
- Parent helper to advise PLAC program manager of completion of the age group.

Laned Events

Sprints: 70m, 100m, 200m, 400m & Hurdles: 60m, 80m, 200m, 300m

- These groups will be referred to the start line or lined up in sequence of heats 1.5m behind the preceding heat at the provided marker cones.
- Each Athlete MUST hand sanitize after completing their race.
- Athletes will safely leave the competition area in their group. Athletes MUST NOT go near the Timing tent to see their results. They are to use resultshq.com.au.
- A one-way entrance and exit from the competition area will be implemented.
- All blocks and hurdle equipment will be set up and cleaned with spray sanitizer after each event by a club delegate/parent helpers
- Starter or Start Marshall to advise PLAC program manager/registrar via radio comms of completion of the age group.
- Hurdles will be sanitized after each adjustment.

Un-laned Long Distance Events (700m, 800m, 1500m)

- Each Athlete MUST hand sanitize after completing their race.
- Athletes will safely leave the competition area in their group. Athletes MUST NOT go near the Timing Tent to see their results. They are to use resultshq.com.au.
- A one-way entrance and exit from the competition area will be implemented.
- Starter or Start Marshall to advise PLAC program manager/registrar via radio comms of completion of the age group.